

Kundalini Yoga workshop

Female Leadership

with Bachitar Kaur from Germany



The world is calling for change. The times we are living in require a new consciousness. There is the call for the universal feminine to re-awaken. And to make its presence felt in all areas of our life. And it is the role of woman to show how so.

What does female leadership mean? Are women better than men? How to combine family life and career? How to take leading positions in the decision making environments? Getting familiar with the nature of the feminine it becomes clear that female leadership has to mean far more than women taking the lead in a male structured world. It means a different world altogether.

Female leadership initiates changes in our values and social systems. It offers us different priorities to faster, bigger, more. The changes may seem daring for us today but could well be everyday normality for future generations.

This workshop is for all women and (brave) men, who would like to learn more about female leadership. Pranayama (breathing), exercises and meditations from Kundalini Yoga as taught by Yogi Bhanjan will support you in exploring the themes of the universal feminine and female leadership. While the subtle intelligence of numbers as the last building blocks of the universe and the language in which the universe communicates with us (Karam Kriya) will offer us guidance.

18th of January 16h00 - 21h00h
Jan Heynsiaan 4, 5622KM Eindhoven (old schoolbuilding, first floor)
Investment €40
Potluck dinner to share
Language is English
Information and registration: info@ingridbal.com of 06-23014383

The world is calling for change. Do you want to answer the call?



Bachitar Kaur is Lead Trainer in Kundalini Yoga and a Karam Kriya Consultancy Trainer (number awareness). Her passion for a more humane world is reflected in her enthusiasm with which she teaches. She is a strong advocate for female solidarity and community building. She is co-founder of Cherdi Kala Yoga International, Yogaschule Golden Temple and co-developed the Divine Woman Program. She also offers workshops in conscious parenting. Together with her Dutch husband and two sons she lives in South-Germany at Yogahouse Prasaad - a place for conscious living in nature. She teaches and consults europewide and in Australasia.



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